

平成28年度 東京都統一体力テスト 西高生の状況

都の報告書より作成

1 体格及び体力・運動能力調査結果

Table with columns for school name, grade, gender, body measurements (height, weight, grip strength, etc.), and overall evaluation (A-E).

Table with columns for school name, grade, gender, and sports participation status (frequency, duration, etc.).

※ サイズを縮小するため画質を落としています。

2 生活・運動習慣等調査結果

Table with columns for school name, grade, gender, and various lifestyle and sports habits (breakfast, sleep, exercise frequency, etc.).

Table with columns for school name, grade, gender, and weekly sports participation details (frequency, duration, location, etc.).

Table with columns for school name, grade, gender, and attitudes towards sports (enjoyment, interest, etc.).

3 学校質問紙調査結果

Table with columns for school name, grade, gender, and responses to school questionnaire items regarding sports facilities and activities.